

**INDIAN SCHOOL MUSCAT**  
**SECOND PERIODIC ASSESSMENT**  
**MAY 2019**  
**CLASS XII**

**SET C**

**Marking Scheme – PSYCHOLOGY [THEORY]**

Q.NO.	Answers	Marks (with split up)
1.	Dr.Uma Chowdary	1
2.	True	1
3.	Donald Michenbaum	1
4.	Holmes & Rahe	1
5.	The various sources of stress are i. Daily hassles ii. Life events iii. Traumatic events (To be explained)	3
6.	MMPI – II is the combination of 567 statements with yes / no options and the scale is designed by Hathway & Mckinley of Minnesota university. The indian version was developed by Malick & Joshi of Jodhpur university and it includes 10 subscales mania, depression, hysteria, psychopathic deviate, masculinity, femininity paranoia, social introversion and hypochondriasis.	3
7.	Hans Selye is known as father of modern stress research, he observed the human beings and animals in two different situations. The injured and sick animals and human beings in hospitals and healthy animals and human beings in laboratory setting. The observations made him to come to a conclusion that the stress response mechanism is similar in all the situations. i. Alarm reaction ii. Resistance iii. Exhaustion iv. Criticism. (To be explained)	4
8.	Humanistic approach of personality is explained by Maslow & Rogers	6

	<ul style="list-style-type: none"> <li>i. Fully functioning personality</li> <li>ii. Behaviour is goal directed purposeful and worth while.</li> <li>iii. Concept of Self</li> <li>iv. Unconditional positive regard, empathy. (To be explained)</li> </ul>	
--	---	--